

# Flu Resources/Information (Seasonal Flu & H1N1)

Web Site for Information: [www.flu.gov](http://www.flu.gov)

Web Site for Information: <http://www.health.state.mn.us/>

[Seasonal and Novel H1N1 Flu: A Guide for Parents \(CDC\)](#)

[Preparing for the Flu \(CDC\)](#)

[Influenza-like Illness Symptom Screening Tool for Parents and Caregivers \(MDH\)](#)

[CDC Guidance on Helping Child Care and Early Childhood Programs Respond to Influenza during the 2009–2010 Influenza Season](#)

[Difference Between a Cold and the H1N1 Flu](#)

[Parent Fact Sheet for children in a Child Care Program from MDH](#)

[Parent Notification Template for the Flu from MDH](#)